



THOMPSON RIVERS UNIVERSITY

GLBL 1000: GLOBAL COMPETENCY

Verification Form

Category E – Volunteer Related Activity in Canada (on or off TRU campus)

Name: Narshini Chuckowry

Points Earned: 2

Mark the hours of volunteerism you have completed and upload to your e-Portfolio as verification of your hours.

- ☐ 15 hours of volunteerism related to global competency (1 point)
- ☒ 20 hours of volunteerism related to global competency (2 points)
- ☐ 25 hours of volunteerism related to global competency (3 points)
- ☐ 30 hours of volunteerism related to global competency (4 points)
- ☐ 35 hours of volunteerism related to global competency (5 points)

TO VERIFY: Write a reflective paragraph of your volunteer experiences and how it relates to global competency in your e-Portfolio.

Summary of Volunteer Activity:

Volunteered in different activities through Kamloops Rotaract Club including Crabfest, Ribfest,

Pitstop, Wildlife Park clean up, Brewloops, and Chef in the City events

Dates/Duration of Activity:

Sept 2023- Apr 2025

Verification by Third Party Individual:

Name:

Surbhi Spolia

Title:

President

Phone Number:

250-320-8992

Email:

Surbhi.Spolia@gmail.com

I hereby certify that the information provided above by Narshini
is accurate and worthy of consideration for Global Competency at TRU.

Spolia

Signature

11/30/25

Date